

Athlete's Footnotes

Basketball

Congratulations to Sarah Richthammer for winning the Knights of Columbus Free Throw Shooting Contest in the 11 year old girl division. She advances to the District 100 competition on Saturday February 18 at Deer Lakes Middle School with the potential to advance to the Western Regional on Saturday March 3 at St. Joseph HS.

Friday February 3rd: High School girls' home game against Robinson Christian 4:00 pm
High school boys' away game at Trinity Christian JV **Canceled, V 7:00 pm**
5th and 6th grade boys' home game against St. Mary 6:00 pm
7th and 8th grade boys' home game against St. Mary 7:15 pm
7th and 8th grade girls' away game at St. Mary 7:45 pm

Saturday February 4th: Ski Club **canceled**
3rd and 4th grade basketball skills session 8:30 – 9:30 am
High School girls' practice 9:30 – 11:30 am
5th and 6th grade girls' away game at St. Mary 11:30 am (St. Mary's Glenshaw)
7th and 8th grade girls' away game at St Mary **moved to Friday 2/3**
5th and 6th grade boys' practice 11:30 – 12:45 pm
7th and 8th grade boys' practice 12:45 – 2:15 pm
High School boys' game against Cornell **Canceled**

Sunday February 5th: 5th and 6th grade girls' away game at St. Teresa 2:15 pm (St Teresa of Avilla)
5th and 6th grade boys' away game at St. Ireneaus **3:15 pm (Note new time - Riverview High School)**

Monday February 6th: High School girls' away game at Career Connections 3:30 pm (leave 2:30 pm)
7th and 8th grade girls' away game at St. Edmund's 4:00 pm (leave 3:00 pm)
7th and 8th grade boys' away game at St. Edmund's 5:00 pm (leave 3:00 pm)
5th and 6th grade girls' practice 3:30 – 5:00 pm
5th and 6th grade boys' practice 5:00 – 6:30 pm
High school boys' practice 6:45 – 8:45 pm

Tuesday February 7th: High School girls' home game against Evangel Heights Christian 4:00 pm
High school boys' home game against Sewickley **JV canceled, V 6:00 pm**

Wednesday February 8th: High School girls' practice 3:15 – 4:15 pm
High school boys' practice 4:15 – 5:30 pm
7th and 8th grade girls' home game against St. Alexis 6:00 pm
5th and 6th grade girls' home game against St. Alexis 7:15 pm

Thursday February 9th: 5th and 6th grade girls' home game against Ellis 4:00 pm
7th and 8th grade girls' home game against Ellis 5:00 pm
5th and 6th grade boys' home game against St. Bonaventure 6:00 pm
7th and 8th grade boys' home game against St. Bonaventure 7:15 pm

Friday February 10th: High School girls' away game at American Spirit 4:30 pm
High school boys' away game at Vincentian Academy JV **Canceled, V 7:30 pm**
5th and 6th grade boys' home game against St. Sebastian 6:00 pm
7th and 8th grade boys' home game against St. Sebastian 7:15 pm

Saturday February 11th: Ski Club

3rd and 4th grade basketball skills session 8:30 – 9:30 am

High School boys' practice 9:30 – 11:30 am

5th – 8th grade boys' shooting practice 10:30 – 11:30 am

High School girls' practice 11:30 – 1:30 pm

5th and 6th grade boys' practice 1:30 – 3:30 pm

7th and 8th grade boys' practice 1:30 – 3:30 pm

7th and 8th grade girls' practice 3:30 – 5:00 pm

5th and 6th grade girls' home game against St. Teresa 6:00 pm

St. Mary (2510 Middle Rd., Glenshaw, PA) –

Friday February 3rd, 7:45 pm (7/8 girls)

Saturday February 4th, 11:30 am (5/6 girls)

From school: Take Route 8 South. Turn left onto Harts Run Rd. Turn right onto Middle Rd. The school will be on the left past the cemetery. The school is on the right of the church.

St. Teresa (800 Avila Ct. Perrysville, PA) –

Sunday February 5th, 2:15 pm (5/6 girls)

From School: Turn left onto West Hardies Rd. Turn right onto Wildwood Rd. Turn left onto Babcock Blvd. Go straight at McKnight Rd onto Perrymont Rd. Turn left onto Perry Highway. Turn right onto Lindley Lane. Turn left onto Avila Ct and proceed to gym.

St. Irenaeus (Riverview High School)

Sunday February 5th, 3:15 pm (5/6 boys) – note new time

From Turnpike: Get off the turnpike at exit 5. Bear right onto Freeport Rd. Pass several restaurants and stores. Turn left and go across the Hulten Bridge. Make a right immediately after going over the bridge onto 3rd Street. Riverview High School is on the right. Turn right into the parking lot.

From Rt 910: Take Route 910 East (from Route 8). Turn right onto Freeport Rd. (after going under Route 28). Turn left and go across the Hulten Bridge. Make a right immediately after going over the bridge onto 3rd Street. Riverview High School is on the right. Turn right into the parking lot.

St. Edmund's (St. Edmund's Academy – 5705 Darlington Rd Pittsburgh) –

Monday February 6th, 4:00 pm (7/8 girls), 5:00 pm (7/8 boys)

Take Route 8 South. Take Route 28 North to Highland Park Bridge. Cross Highland Park Bridge. Get in left lane and merge towards Washington Ave. Turn right onto Washington Ave. Turn left onto Penn Avenue. Turn right onto South Dallas Ave. Turn right onto Forbes Ave. Turn left onto Wightman Rd. Turn left onto Darlington. Take to 5705 – St. Edmund's Academy.

Career Connections (Boys and Girls club):

Monday February 6th, 3:30 pm High School Girls

Take Route 8 South across R.D. Fleming Bridge. Turn right onto Butler street, heading towards Pittsburgh. The Boys and Girls club is on the corner of 46th and Butler Streets on the left. The parking lot is around the back.

Lacrosse:

The high school boys' lacrosse team will have a 6 week clinic from 3:30 – 5:00 pm at PISA on Thursdays from February 9th – March 15th.

There will be a meeting on Saturday February 4th with Coach Fort in the Rhodora (gym) for any boy who needs equipment so we do not have to scramble on Thursday.

Crew:

New winter training schedule: Tue, Wed, Thur & Fri 4-6 pm.
Winter training will consist of weight training, strength training, erging and more.
New athletes are invited to start anytime.

For more info, call or email Rick Brown rickbrown@threeriversrowing.org

For a ride or carpool, call Sherry So (724) 234-2123.

Summer Camps (Time to mark your calendars)

Girls Summer Field Hockey Camp

Open to all students and friends of Aquinas in grades 6 – 12. Athletes will improve individual skills in shooting, passing, and dribbling. This will also provide an opportunity to develop teamwork. New and experienced players welcome

June 25 - 28; MTW 9:00 - 1:00; Th 9:00 - 4:00

\$120 per camper includes snacks, t-shirt, and Thursday's Lunch

Coaches: Mr. Mata, Molly McCue

The ULTIMATE Camp

Athletes will understand how to play Ultimate Frisbee. More info to follow.

June 11 – 15 Week 1

June 18 – 22 Week 2

Winter Opportunities

Soccer

Shoot to Score Soccer Academy & University of Pittsburgh Soccer Indoor 2012 Academy Programs

“Extra preparation for the spring outdoor season”

www.shoot2score.net

Pitt men's soccer head coach Joseph Luxbacher and a staff of qualified coaches will offer Shoot to Score Soccer Academy camps and clinics during the winter 2012 (indoor) months. Online registration is available through the academy website at www.shoot2score.net. All sessions will be directed by an experienced and knowledgeable

coach. Additional staff is composed of college and our high school coaches, as well as outstanding collegiate and high school athletes. Luxbacher brings over 30 years of soccer playing and coaching experience to the Shoot to Score Soccer Academy. Playing at both the collegiate (Pitt) and professional (NASL and MISL) levels, along with his coaching tenure for the Panthers, Luxbacher has authored more than a dozen books for both players and coaches that cover all aspects of the game of soccer.

For more information or to register online please visit the camp website @ www.shoot2score.net

Basketball

Any girls interested in playing AAU basketball please take note of the open tryouts for the Pittsburgh Huskies. The Pittsburgh Huskies is an all girls AAU basketball organization. They are in their second year and growing quickly. They have teams at the sixth, seventh, eighth, and ninth grade levels and run a highly competitive program.

Their second and final tryouts are being held at St. Joseph HS this Saturday from 4:30 – 7:30.

Details can be found at our website at www.pittsburghhuskies.com.